



JAGIELLONIAN
UNIVERSITY
IN KRAKÓW

Sustainability Welfare

Educational subject description sheet

Basic information

Field of study Joint Bachelor in Sustainability		Education cycle 2025/26	
Speciality Social Sciences & Humanities		Realization year 2027/28	
Organizational unit Faculty of Law and Administration		Subject code UJ.WPAJBSSSHS.810.16590.25	
Study level first cycle (joint degree programme)		Lecture languages english	
Study form full-time degree programme		Subject related to scientific research Yes	
Education profile General academic		Disciplines Sociology	
Mandatory elective		ISCED classification 0312 Political sciences and civics	
		USOS code	
Subject coordinator	Piotr Szwedo		
Lecturer	Arho Toikka		
Period Semester 5	Examination graded credit	Number of ECTS points 2.0	
	Activities and hours E-learning (discussion class): 10		

Goals

C1	The course discusses the concepts of sustainability from a global and Finnish perspective with reference to the welfare state system. The course introduces students to discourse critical to the concepts of development, sustainability, and well-being. The multidisciplinary course reader provides a broad understanding of sustainability and the connections between all dimensions of sustainability. The course focuses on tools for searching for sustainable policy solutions to promote human well-being.
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Subject's learning outcomes

Code	Outcomes in terms of	Effects	Examination methods
Knowledge - Student knows and understands:			
W1	the current approaches to welfare, well-being, equality, and exclusion, and their connections to sustainability, including critiques of Eurocentric development concepts.	JBS_K1_W01, JBS_K1_W04	credit with grade
W2	how welfare state institutions relate to global ecosocial development, and the interconnectedness of ecological, social, and economic sustainability dimensions.	JBS_K1_W05, JBS_K1_W06	credit with grade
Skills - Student can:			
U1	apply critical discourse analysis to concepts of development and sustainability, proposing and evaluating sustainable welfare policies from global and Finnish perspectives.	JBS_K1_U02	credit with grade
U2	utilize interdisciplinary approaches and tools to search for sustainable policy solutions that promote human well-being and critically assess welfare state roles in sustainability.	JBS_K1_U01, JBS_K1_U03	credit with grade
Social competences - Student is ready for:			
K1	to engage in discussions and policy-making processes that address sustainability challenges.	JBS_K1_K05	credit with grade
K2	to advocate for inclusive and equitable welfare practices, challenging existing paradigms and contributing to ethical, sustainable welfare approaches.	JBS_K1_K01, JBS_K1_K02	credit with grade

Calculation of ECTS points

Activity form	Activity hours*
E-learning (discussion class)	10
exercises performance	25
preparation for classes	20
Student workload	Hours 55
	ECTS 2.0

* hour means 45 minutes

Study content

No.	Course content	Subject's learning outcomes
1.	Sustainability, welfare, and equity - why we need to rethink how we do social science?	W1, W2, U1, U2, K1, K2

No.	Course content	Subject's learning outcomes
2.	How do we rethink what we do - critical, indigenous, and feminist perspectives	W1, W2, U1, U2, K1, K2
3.	How to make wellbeing more inclusive?	W1, W2, U1, U2, K1, K2
4.	Welfare state in flux - sustainable welfare policies	W1, W2, U1, U2, K1, K2
5.	Future prospects: Challenges and needs	W1, W2, U1, U2, K1, K2

Course advanced

Teaching methods :

text analysis, conversation lecture, solving tasks, e-learning methods

Activities	Examination methods	Credit conditions
E-learning (discussion class)	credit with grade	Individual and group exercises (graded). Completion of all exercises is required.

Entry requirements

None

Literature

Obligatory

1. Thiele, Leslie Paul (2013) Sustainability. Polity Press. (234 p.)
2. Koch, Max & Mont, Oksana, eds. (2016) Sustainability and the Political Economy of Welfare. Routledge. (219 p.)
3. Folke, Carl et al. (2016) Social-ecological Resilience and Biosphere-based Sustainability Science. Ecology and Society 21.3: 41. (16 p.)
4. Rogers, Deborah S. et al. (2012) A Vision for Human Well-being: Transition to Social Sustainability. Current Opinion in Environmental Sustainability 4.1: 61-73. (12 p.)
5. Helne, Tuula & Hirvilammi, Tuuli (2015) Wellbeing and Sustainability: A Relational Approach. Sustainable Development, 23(3): 167-175. (9 p.)

Effects

Code	Content
JBS_K1_K01	The graduate can encourage sustainability-driven practices in the workplace and appraise sustainability of own values, perceptions, roles, and actions, with a special focus on environmental wellbeing.
JBS_K1_K02	The graduate can demonstrate considerable entrepreneurial initiative, autonomy, and readiness to act in complex and changing environments, especially in the context of supporting, undertaking, and co-organising activities beneficial for a sustainable society.
JBS_K1_K05	The graduate can defend the importance of scientific data and methods as a basis for decision-making.
JBS_K1_U01	The graduate can critically analyse academic literature, formulate research questions and conduct research under supervision.
JBS_K1_U02	The graduate can present and report knowledge, methodologies, ideas, problems and solutions, clearly and comprehensively, in different forms destined for different audiences - including discussions and debates which require defending a substantiated opinion, as well as conversations in a foreign language at the CEFR B2 level.
JBS_K1_U03	The graduate can apply adequate methods and tools, including selected IT tools, to solve problems related to data collection, analysis, and management in the context of sustainability.
JBS_K1_W01	The graduate can describe the concept of sustainability and recognize the differences in relevant definitions, models and approaches.
JBS_K1_W04	The graduate can identify sustainability-related problems specific to selected cultural, geographical, and political contexts.
JBS_K1_W05	The graduate can identify essential international instruments and institutions related to sustainability and explain their potential role in resolution of a given problem.
JBS_K1_W06	The graduate can describe interconnections between various aspects of sustainability and identify their significance in the context of natural and social sciences, with a special focus on disciplines included in the selected specialisation track (law and politics; chemistry and physics; chemistry and biology; economics and geography; economics, management and engineering; humanities).